THE LEARNING WORLD ACADEMY

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 AM Snack: Organic oat cereal with organic milk Lunch: citrus pulled chicken , rice with pigeon peas, and baked broccoli with cauliflower Vegetarian: pigeon peas with rice, and baked broccoli with cauliflower Dessert: Fresh Cut Fruit Soup: Cream of sweet potato PM Snack: Organic string cheese with fresh cut fruit salad	3 AM Snack: Organic blueberry muffin Lunch: Ground lean beef, cilantro rice, and buttered corn with squash Vegetarian: Refried beans, cilantro rice, and buttered corn with squash Dessert: Fresh Cut Fruit Soup: Cream of cauliflower PM Snack: Organic vanilla yogurt with berries	4 AM Snack: Egg salad made with greek yogurt on whole grain bread Lunch: cheese tortellini in tomato sauce, side of white beans with peppers, and onions Vegetarian: Cheese tortellini in tomato sauce, side of white beans with peppers, and onions Dessert: Fresh Cut Fruit Soup: Chicken and potato Soup PM Snack: Fresh fruit salad with pretzels	5 AM Snack: Organic banana bread Lunch: Braised Chicken with potato in savory sauce, white rice, side of peas and carrots Vegetarian: White bean stew, white rice, side of peas and carrots Dessert: Fresh Cut Fruit Soup: Cream of broccoli PM Snack: Mini mandarin and string cheese	6 AM Snack: Strawberry yogurt with granola on the side Lunch: Homemade chicken tender bites, baked potatoes, and steamed green beans Vegetarian: plant based chicken tender, baked potatoes, and steamed green beans Dessert: Fresh Cut Fruit Soup: Tomato bisque PM Snack: Toddler friendly organic trail mix with dried yogurt (nut free)
9 AM Snack: Organic Oat Cereal with organic milk Lunch: Asian Beef and egg rice, with steamed green beans and diced carrots Vegetarian: Asian tofu and egg rice, with green beans with diced carrots Dessert: Fresh Cut Fruit Soup: Cream of white bean PM Snack: Melon and pretzels	10 AM Snack: Mini bagel with cream cheese Lunch: Whole grain pasta with pulled chicken in cheese sauce, side of squash and sweet peas Vegetarian: whole grain pasta with cheese sauce, side of white beans and peppers Dessert: Fresh cut Fruit Soup: Chicken and root vegetables PM Snack: Organic vanilla yogurt and diced strawberry	11 No School Veteran's Day	12 AM Snack: Organic vanilla yogurt with organic toasted oats Lunch: Ground turkey with pilaf rice, and baked broccoli Vegetarian: Ground lentils with pilaf rice and baked broccoli Dessert: Fresh Cut Fruit Soup: Red Bean soup PM Snack: Fresh cut organic pineapple and blueberries with wheat crackers	13 AM Snack: Organic blueberry muffin Lunch: Beef chili, baked potato tots and buttered corn Vegetarian: Red bean chili, baked potato tots and buttered corn Dessert: Fresh Cut Fruit Soup: Split pea soup PM Snack: Fresh cut apples with whipped honey cream

KEY POINT ACADEMY
WORLD ACADEMY

November 2026

16 AM Snack: Organic Oat Cereal with organic milk Lunch: Chicken with diced pineapple and peppers, white rice and mini sweet plantains Vegetarian: Tofu with diced pineapple and peppers, white rice and mini sweet plantains Dessert: Fresh Cut Fruit Soup: Mix vegetable soup PM Snack: Fresh watermelon and strawberry fruit salad	**17** AM Snack: Organic vanilla yogurt with acai Lunch: Beef Meatballs with teriyaki sauce, white rice, and steamed broccoli Vegetarian: seared tofu with teriyaki sauce, white rice and steamed broccoli Dessert: Fresh Cut Fruit Soup: Cream of zucchini PM Snack: Fresh banana with whole wheat cracker	**18** AM Snack: Egg salad with greek yogurt on naan bread Lunch: whole grain pasta with a fresh herb pesto, grilled chicken bits, and steamed buttered peas Vegetarian: whole grain pasta with a fresh herb pesto, and buttered peas Dessert: Fresh Cut Fruit Soup: Tomato Bisque PM Snack: Fresh cut melon with string cheese	**19** AM Snack: Strawberry yogurt with berries on top Lunch: Roasted beef, roasted potatoes, and steamed zucchini and carrots Vegetarian: Roasted lentil patties, roasted potatoes, and steamed zucchini and carrots Dessert: Fresh Cut Fruit Soup: Cream of corn PM Snack: Organic whole grain bread with whipped guava cheese	**20** AM Snack: Homemade biscuit with jam Lunch: Fish Tacos! Wild caught pollock fish sticks, tortillas, black bean salsa and cilantro rice Vegetarian: Tofu sticks, tortillas, black bean salsa and cilantro rice Dessert: Fresh Cut Fruit Soup: Cream of spaghetti squash PM Snack: Toddler friendly organic trail mix with dried yogurt (nut free)
23 AM Snack: Organic oat cereal with organic milk Lunch: Sweet and sour meatballs with white rice and asian mix vegetables Vegetarian: vegan meatballs, white rice and asian mix vegetables Dessert: Fresh Cut Fruit Soup: Cream of carrot and ginger PM Snack: Fresh cut fruit salad and organic whole wheat cracker	**24** AM Snack: Organic homemade cornbread Lunch: Roasted turkey with gravy, wild rice, and buttered corn with asparagus Vegetarian: Roasted squash, wild rice, with buttered corn and asparagus Dessert: Fresh Cut Fruit Soup: Cream of pumpkin PM Snack: Organic vanilla yogurt with banana	**25** **No School Teacher Planning Day**	**26** **No School Thanksgiving Break**	**27** **No School Thanksgiving Break**
30 AM Snack: Organic oat cereal with organic milk Lunch: Ground turkey, saffron rice, side of peas and carrots Vegetarian: Bbq beans, saffron rice, side of peas and carrots Dessert: Fresh Cut Fruit Soup: Cream of vegetables PM Snack: Whole fresh banana with pretzels				